

## DEMENTIA AND YOUR HEARING

A dementia diagnosis may explain a lot of your frustrations. Communication and language, memory, ability to focus and pay attention, visual perception and reasoning and judgment may all be affected by your dementia. A decline in hearing is also linked to dementia and may manifest in many of the same ways..

### Common Social Signs of Hearing Loss

- Needing people to repeat themselves regularly
- Difficulty following conversations in a group
- Needing to turn the volume up to excessive levels
- Difficulty understanding what's being said in noisy environments
- Certain sounds are less clear than others
- Women and children are harder to understand than others

### Emotional Signs of Hearing Loss

- Stress from straining to hear others
- Embarrassment with meeting new people or from misunderstanding others
- Nervousness about straining to hear or understand
- Annoyance with others because you don't understand or hear them
- Social withdrawal that may cause depression, loneliness or other mental health decline

As with dementia, untreated hearing loss may result in social withdrawal and isolation. Dementia symptoms are difficult enough to live with. A hearing evaluation can help you rule out the possibility of confusing hearing loss symptoms with dementia symptoms. Add regular hearing evaluations to your dementia treatment plan and help your loved one stay as engaged and active as possible.

Our trained Audiologist, Dr. Scarlet M. Aviles, can perform simple and comprehensive hearing tests. Schedule an appointment with Dr. Aviles at (808) 200-5633 today to make sure hearing loss isn't complicating your already difficult medical situation. Hearing loss can be effectively managed so the hearing impaired can enjoy the highest possible quality of life.

**Hear Well and Thrive !!**