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## DIABETES AND HEARING

Diabetes is a dangerous disease. It puts you at risk for many other medical conditions. Hearing loss is among them. In fact, diabetics are twice as likely as healthy people to experience hearing decline. Prediabetics are also more likely to develop hearing loss.

## How diabetes is linked to your hearing

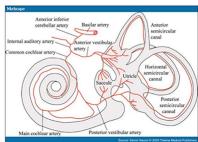
Research suggests that poor blood sugar control associated with diabetes damages blood vessels. In turn, the circulation is negatively affected. Areas impacted include auditory canal or hearing circulation.

Your diabetes treatment plan should include regular hearing evaluations, even if you believe you're not currently showing signs of hearing loss. Research shows that people with hearing decline wait far too long to seek treatment.

## Treat hearing decline early:

- To maintain healthy communication skills;
- To stay engaged in life;
- To increase cognitive function;
- To avoid confusion, depression and social withdrawal associated with hearing loss;
- To avoid medical conditions associated with hearing loss;
- To avoid complicating your current medical diagnosis.

Audiologist, Dr. Scarlet M. Aviles, performs simple, non-invasive hearing evaluations. Schedule an appointment today to understand the status of your hearing and seek treatment should it be recommended. Call Dr. Scarlet M. Aviles, Audiology today at (808) 200-5633.



Hear Well and Thrive!!