

# Scarlet M. Aviles, Au.D.

## Audiology

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## KIDNEY DISEASE AND YOUR HEARING

### How CKD and Hearing are Connected

Scientists believe the link between hearing and kidneys can be explained by structural and functional similarities in the kidney and inner ear tissues.

Chronic Kidney Disease (CKD) sufferers are at a greater risk than the general population for developing hearing loss. As hearing declines, so does your quality of life due to communication frustrations and feelings of social isolation. Understand common signs of hearing loss so you can get it treated sooner rather than later.

### Common Signs of Hearing Loss

- Needing people to repeat themselves regularly
- Difficulty following conversations in a group
- Needing to turn the volume up to excessive levels
- Difficulty understanding what's being said in noisy environments
- Certain sounds are less clear than others
- Women and children are harder to understand than others

To prevent complications developing from hearing loss, make regular hearing evaluations part of your CKD treatment plan. Trained Audiologist, Dr. Scarlet M. Aviles, can perform simple and comprehensive diagnostic hearing tests. Schedule an appointment with Dr. Scarlet M. Aviles today by calling (808) 200-5633 so hearing loss doesn't complicate your already difficult medical situation. Hearing loss can be effectively managed to help people stay active and engaged in life.

Hear Well and Thrive !!